



ChaloHoppo

"Winter Tales of Meghalaya"

AN ACTIVE FAMILY GETAWAY

(8N/9D)



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INTRODUCTION

There are getaways, and then there are journeys that stitch a family closer with each footstep on a forest trail, every shared gasp under a waterfall, and all the stories swapped over fireside dinners. This active family adventure through Meghalaya is a little bit wild, a little bit slow, and full of the kind of magic that only the outdoors can offer.

Beginning in the misty heights of Shillong and ending with one last sunset by the hills, this journey takes you through winding trails like the historic David Scott route, the rain-drenched cliffs of Sohra, secret villages tucked under the clouds, and deep river canyons that call for swims, kayaks, and starry camps. You'll walk root bridges, jump into jungle pools, paddle down translucent rivers, and peer into the blue depths of Krem Chympe. But you'll also slow down sharing pineapple slices with locals, hearing folk songs at sunset, and resting in family-friendly homestays that welcome you like old friends.

It's a route made for families who love to explore together. And by the time you head home, with muddy shoes and full hearts, Meghalaya will have quietly become your family's shared secret.



KEY HIGHLIGHTS

- Walk the historic David Scott Trail, an easy-moderate hike full of forest crossings, streams, and family-friendly adventure.
- A trek to Mawkyrnot which is the longest living root bridge.
- Stay in comfortable village homestays across Sohra, Pynter, Nohwet, and Khliehriat, each full of warmth and stories.
- Swim and kayak in the jade waters of the Umngot River at Shnongpdeng, one of Meghalaya's most serene river destinations.
- Discover waterfalls like Umbyrlein, hidden in the lesser-known corners of East Meghalaya.
- Explore the stunning Krem Chympe cave system on a guided day trip—perfect for older kids and adventurous adults.
- Visit music-rich villages like Pynter, where your family is welcomed with folk songs, stories, and simple local meals.



- Sleep under the stars at a riverside campsite, where bonfires and constellations come alive.
- Drive through some of Northeast India's most scenic routes from limestone cliffs to cloud-covered ridges.
- Enjoy curated local experiences designed for multi-generational travel, which are active but flexible, immersive but never rushed.

DAY WISE BREAKDOWN

Day	Starting Point	Ending Point	Distance & Time	Experience	Stay	Inclusions	Exclusions
1	Guwahati	Shillong	100 km / 3 hrs	-Scenic drive -city stroll in Shillong	Hotel in Shillong	Private pick-up, drive, light city walk	Flights/train, meals & extras
2	Shillong	Sohra (Cherrapunji)	55 km / 2 hrs	-Guided David Scott Trail hike -picnic en route	Resort in Sohra	Breakfast, trek, packed picnic, transfer	Dinner, personal purchases
3	Sohra	Sohra (local day)	Local transfers (10-20 km)	-Hidden waterfalls, -short trails -leisure at resort	Resort in Sohra	Breakfast, guided local exploration	Lunch/dinner, entry/camera fees
4	Sohra / Mawkyrnot	Nohwet (via Pynter)	65 km / 3 hrs	-Trek to longest living root bridge -folk music in Pynter	Homestay in/near Nohwet	Breakfast, trek, packed lunch, folk performance	Dinner, gratuities
5	Nohwet	Shnongpdeng	35 km / 1.5 hrs	-Gentle river walk -kayaking -cliff jump -bonfire	Riverside campsite, Shnongpdeng	Breakfast, activities, packed lunch	Gear rental, snacks/drinks
6	Shnongpdeng	Khliehriat (Jaintia Hills)	90 km / 3 hrs	-Scenic drive -stop at Umbyrlein Falls	Homestay/guesthouse in Khliehriat	Breakfast, transport, sightseeing	Lunch/dinner, personal expenses
7	Khliehriat	Khliehriat (Krem Chympe day trip)	25 km drive + trek	-Full-day caving expedition at Krem Chympe with safety gear	Homestay/guesthouse in Khliehriat	Breakfast, guided caving, packed lunch	Medical costs, non-listed activities
8	Khliehriat	Shillong	130 km / 4 hrs	-Transfer back -free evening for cafés/live music	Hotel in Shillong	Breakfast, transport	Meals beyond breakfast, shopping
9	Shillong	Guwahati (Departure)	100 km / 3 hrs	-Private drop, -farewell journey	—	Breakfast, airport transfer	Flights/train, post-trip costs



DAY 1- ENTER SHILLONG, THE VIBRANT AND BUSTLING CAPITAL OF MEGHALAYA!

Welcome to North East India!

Team ChaloHoppo will be waiting at the airport to receive you and your fellow travellers as you land in Guwahati. By 12 pm, we will start our drive to Meghalaya. This first day is for you to soak up the unique energy and charm of Shillong, the bustling capital.

Shillong offers something for everyone. Allow us to guide you to the best spots, whether it be the cafes, clubs, or street markets. If you prefer to explore on your own, there are plenty of options, from visiting the Don Bosco museum, going shopping, getting out for a great meal, or dancing at a local club.

Finally, return to your stay for a good night's sleep. Don't forget- you have an action packed week coming up.

OVERNIGHT IN SHILLONG



DAY 2- THE DAVID SCOTT TRAIL

After an early breakfast, make your way towards Mawphlang , home to some of the most well-known sacred groves of the state. After you explore the forest with our local expert, start your hike on the David Scott Trail leading to Lad Mawphlang, where you will be walking beside the Uiam River. This full trail is a beautiful stretch of over 100 kilometres of which you will be covering 17. Named after a British administrator who came to the North-East of India in the year 1802, the David Scott Trail is one of the oldest marked trails in the region that is still in use.

With the sound of the river accompanying you as you pass through sacred groves, monoliths, meadows, fields, natural pools and bridges, this hike is suitable for people of all ages and is highly recommended for the Nature Lover. On completion, drive to your stay in Sohra for an evening of leisure.

OVERNIGHT IN SOHRA



DAY 3- SLOWING DOWN TO THE TUNES OF SOHRA!

After a considerably leisurely breakfast (don't forget, the sun sets very early around here), meet our local experts for an unforgettable day of adventurous spot-hopping. That's right- Sohra, or Cherrapunji, is filled with numerous waterfalls, natural pools, living root bridges and caves, many with their own folklore behind them.

On this day, you will begin to experience not only the beauty of the Meghalayan landscape and vegetation, but also the warmth of the local communities that call this region home. With them, you will witness the best of the hidden gems based on the weather and timing of you being there.

Come sundown, set out towards your stay for the night. Spend your evening singing around the bonfire and getting to know your fellow travellers better.

OVERNIGHT IN SOHRA



DAY 4- EXPLORE THE UNEXPLORED LIVING ROOT BRIDGES

After a relaxed breakfast, prepare yourself for another day of adventure. There are over 100 known living root bridges in Meghalaya. Staying true to exploring paths off the beaten trail, our local guides will take you to the lesser-known root bridges in a magical place called Mawkyrnot.

There's a lot to learn from the age-old culture of building these root bridges in Meghalaya. Our local guides work hard to conserve the bridges in these villages and they would be the best to tell you all about these natural wonders that speak volumes about the culture of the Khasi community.

After spending a full day surrounded by greenery and root bridges, we'll make our way to Pynter. Meghalaya has produced some brilliant music and is known to be a destination for many enthusiasts. At Pynter, local artists will introduce you to Meghalaya's vibrant musical heritage. Experience traditional instruments live, played by the few who continue to preserve this art form. Finally, we will head to your stay in Nohwet for the night.

OVERNIGHT IN NOHWET



DAY 5- BORDERS, BOULDERS AND BELLY FLOPS

After an early breakfast, we will make our way to Shnongpdeng, a destination well known for the crystal clear waters of the Umngot river that flows through it. Once there, we will leave the fisherman's village on a country boat and make our way towards a spot further up the river.

From there, we will begin an adventurous hike to Amkoi. This spot that we are taking you to gives you a unique perspective of the geography of this region with very curious shaped rocks that prove to be great for cliff jumping into the turquoise waters.

After relaxing for a while, we will make our way back to Shnongpdeng where we will be camping for the night. You can also try ziplining and kayaking once we get back. Evening at leisure around a campfire.

OVERNIGHT IN SHNONGPDENG



DAY 6- RIVERS, ROCKS AND DREAMY WALKS

One of the best things about getting to Shnongpdeng in the evening is waking up to the river in the morning. The river gave you company with the sound of it's flowing water as you slept- now the time has come to embrace the beauty of the river in broad daylight. Start your day with a refreshing dip in the cool waters of the Umngot river after which we enjoy a hearty breakfast in the camp.

Then we bid a fond farewell to our hosts and set off to drink in the lush, rolling landscapes of Meghalaya once more.

Today's journey back is graced with a new route, offering breathtaking vistas and a special detour to the enchanting Umbyrlein Falls. Immerse yourself in the beauty of this two-tiered wonder, a perfect spot to reflect on the unforgettable moments of the past week.

After a day out in the water, we bid farewell to our hosts at camp and drive to Khliehriat for an evening of leisure.

OVERNIGHT IN KHLIEHRIAT



DAY 7- INTO THE DEPTHS OF KREM CHYMPE AND BEYOND

The day begins with an early breakfast before we embark on an exciting journey to Briechnyrot, where adventure awaits. Our local partners will greet us with their 4x4 vehicles, ready to take us deeper into Meghalaya's rugged wilderness. After a short drive, the trail turns into a path only meant for footfalls as we continue on foot through dense forest, the sounds of nature guiding our way.

Our destination? Krem Chympe, one of Meghalaya's hidden treasures. Accessible only during the dry winter months, this cave is where water, limestone, and sandstone come together to create a natural masterpiece. In the rainy months, its flooded chambers make it inaccessible, but during winter, Krem Chympe transforms into an explorer's paradise. With a river flowing gracefully through the cave, you'll have the rare opportunity to journey into its depths on a boat, marveling at its stunning formations and untouched beauty.

Before heading back, we uncover more hidden gems of Khaddum, each spot offering a glimpse into Meghalaya's wonders. As the day winds down, we make our way to Khliehriat, Evening at leisure.

OVERNIGHT IN KHLIEHRIAT



DAY 8 - CITY LIGHTS RETURN – KHLIEHRIAT TO SHILLONG

We have kept this day aside for rest and rejuvenation considering the last few days have been quite active. After a leisurely breakfast, we will make our way to the capital- Shillong.

As we reach, we will treat ourselves to a feast of a lunch after which we can sink in to the energy of Shillong. Reminisce on all that you have experienced over the last few days and let life slow down as you let your body recover from the exhaustion.

In the evening, for those who would like to explore the town, you are most welcome to do so but make sure you don't exert yourself too much. There are various options for those looking to check out the night life, restaurants, or even go shopping.

OVERNIGHT IN SHILLONG



DAY 9 - FAREWELL – SHILLONG TO GUWAHATI

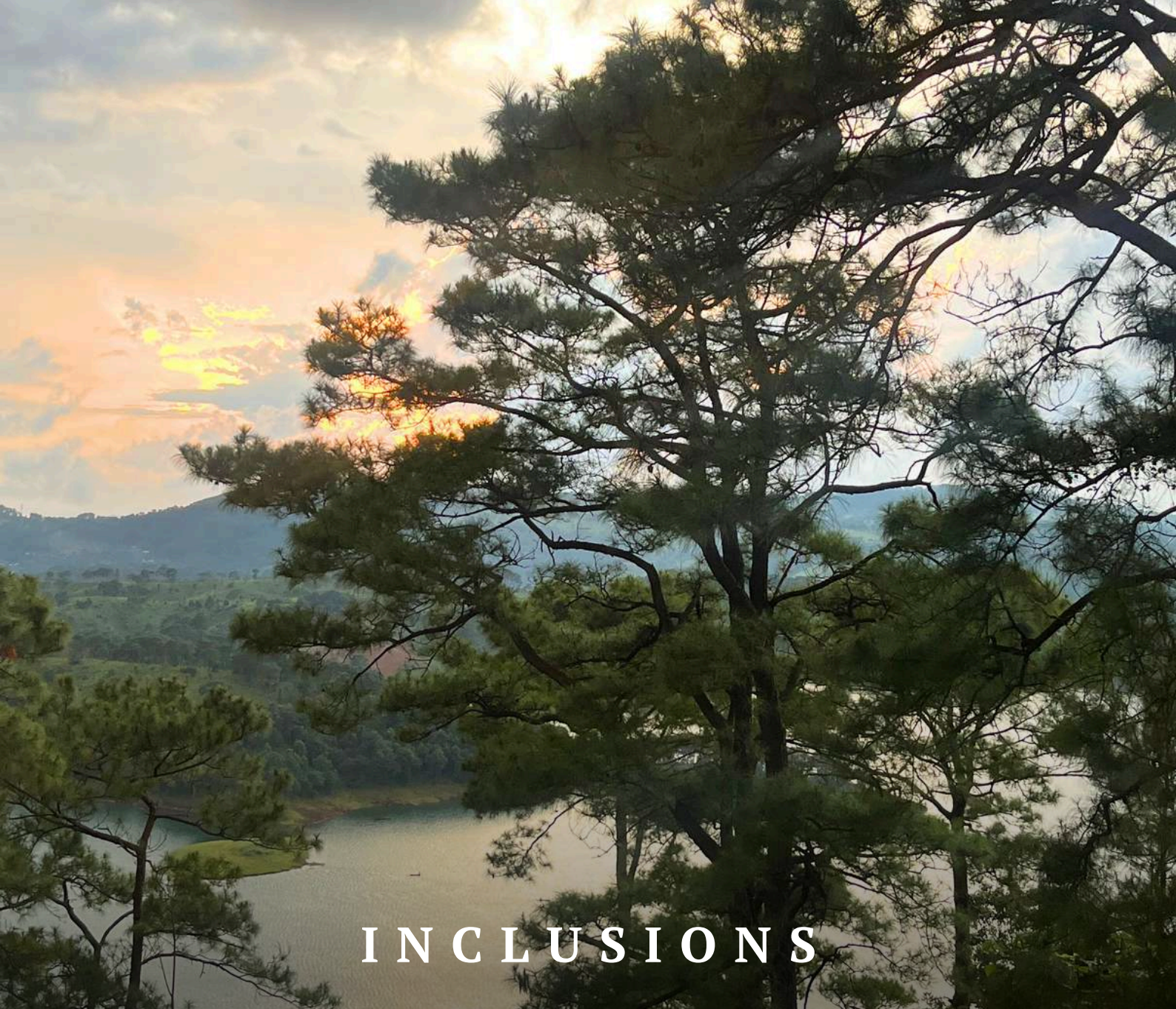
We wrap up the trip with the same winding roads and hills that welcomed us at the start. By the time we reach Guwahati, we'll have a little sun on our skin, some mud on our shoes, and lots of memories from the rivers, trails, and villages we've explored together.



PRICING

MAXIMUM GROUP SIZE : 10 ADULTS

“Price on request”



INCLUSIONS

- Accommodation in clean, family-friendly homestays, hotels, and campsites (twin/triple sharing).
- Breakfast on all days except Day 1.
- Outdoor packed lunch on Day 2, 4, 5 and 7, including local Khasi cuisine.
- David Scott Trail guided hike with local experts
- Guided trek in Mawkyrnot with a local expert.
- Full-day Krem Chympe guided excursion with safety gear.
- Riverside camping experience with kayaking and bonfire at Shnongpdeng.
- Guided trek in Amkoi with a local expert.
- Village visits with curated cultural immersion in Pynter.
- Transportation in a private MPV / Sedan with experienced local drivers throughout the trip.
- Entry fees, permits, and tolls.
- Local guide support in key areas and on all hikes.



EXCLUSIONS

- Flights or train tickets to/from Guwahati.
- Tips for drivers, guides, and homestay staff.
- Additional snacks, drinks, or purchases en route.
- Travel insurance (strongly recommended).
- Expenses due to weather-related delays or emergencies.
- Optional gear rental (river shoes, waterproof bags, etc.).
- Medical costs, if any.



IMPORTANT POINTS

- **Best Time to Travel:** October to April. Dry season, perfect for walking trails and river activities.
- **Fitness Level:** Moderate. Some hikes, river swims, and uneven terrain ideal for families who enjoy light activity.
- **Age Suitability:** Children above 8 recommended for full participation. Younger kids are welcome with adjustments.
- **Connectivity:** Limited mobile network in Pynter, Shnongpdeng, and Khliehriat. Prepare for occasional digital detox.
- **Packing List:** Comfortable walking shoes, rain jackets, sun hats, swimwear, light fleece for cool nights, reusable water bottles.



CANCELLATION & REFUND POLICY

General Refund Policy

45+ days prior to starting date of the trip – 100% refund of the total trip cost
30-44 days prior to starting date of the trip – 75% refund of the total trip cost
15-29 days prior to starting date of the trip – 50% refund of the total trip cost
8-14 days prior to starting date of the trip – 25% refund of the total trip cost
7 days or less prior to starting date of the trip – No refund

Note - For Fixed Departures (Group Trips) - If you are able to find a replacement for yourself in the group, we'd be happy to provide you with a 100% refund!



FREQUENTLY ASKED QUESTIONS

Is this suitable for kids?

Yes. It's designed for active families with kids aged 8+. Trails are moderate, and activities are safe with adult supervision.

What's the accommodation like?

Homestays, boutique cottages, and riverside camps—clean, welcoming, and locally run. All are family-friendly.

Is there a network and electricity everywhere?

Most places have electricity. The network may be patchy in remote villages. Shnongpdeng and Pynter have limited signals.

Do we need to carry our own camping gear?

No. Tents, bedding, and meals are provided at the campsite. Just carry personal essentials and warm layers.

FREQUENTLY ASKED QUESTIONS

Are the hikes tough?

No. David Scott, Mawkyrnot and Krem Chympe involve moderate walking and are suitable for active families.

Can dietary needs be accommodated?

Yes. Veg, vegan, and child-friendly meals can be arranged. You will have to inform us in advance.



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